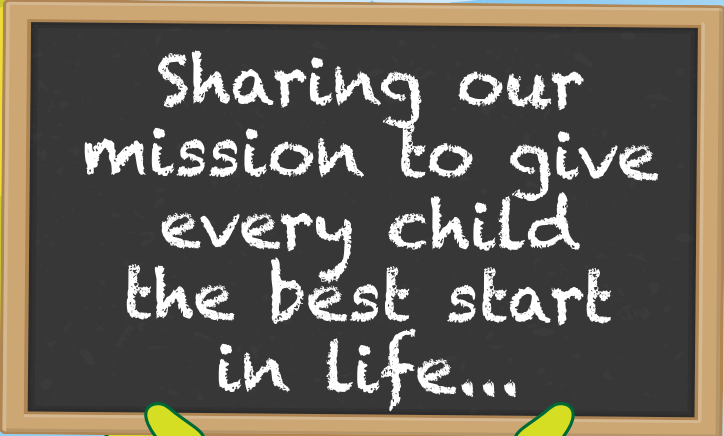




WELCOME TO YOUR NEW SCHOOL MEALS



Sharing our
mission to give
every child
the best start
in life...



MAKING A
CHANGE, ONE
MEAL AT
A TIME!



WELCOME

We are delighted to be the chosen caterer for your school.

At FEED (Feeding Excellence Every Day), we love what we do - serving food that supports growing minds, busy school days and children's overall wellbeing.

We believe every child should enjoy a school lunch that's cooked with care, using quality, seasonal ingredients. The food we serve- and the welcoming environment we serve it in- really does make a difference to how children feel and learn throughout the day.



WHAT IS ON THE MENU?

We refresh our menus twice a year to keep things exciting and varied. Each menu is packed with nutritious, tasty options that support children's energy and concentration - with plenty of choice so there's something for everyone.

Celebratory Menus

We love celebrating food with themed days and special events throughout the school year. These monthly fun occasions help keep children curious and engaged, giving them opportunities to try new dishes and explore different flavours. Whether it's a national celebration, a curriculum-linked theme or a healthy-living event, there's always something to look forward to.



BUILDING A BETTER TOMORROW

We're primed and passionate to drive real change when it comes to food - creating a better future for children, communities and the planet.

We recognise that we play an important role in helping to minimise our impact on the environment.

- **We are reducing our carbon footprint**
Look out for the Plates For The Planet badge and Carbon Footprint menu icons. We dedicate at least one option every day to promote plant protein and vegetarian dishes which are loaded with colourful vegetables. This helps children to expand and diversify the protein foods they eat and boost their fibre intake too!
- We are reducing our food waste by implementing good kitchen practices
- We are phasing out single-use packaging and gradually replacing them with reusable, recyclable or compostable items



WEEK 1 MENU

PLATES FOR
OUR PLANET

MONDAY

Creamy Macaroni Cheese  

Tangy Katsu Curry with Rice  

Loaded Spud with Baked Beans or Cheese 

Sweetcorn  Cut Green Beans 

Apple Crumble   with Custard  

TUESDAY

The Smarter Slice Pizza with Baked Potato Wedges  

Chicken & Sweetcorn Bake with Baked Potato Wedges 

Loaded Spud. Choose from Baked Beans, Tuna Mayo, Cheese or Tuna Flakes

Carrot Tips  Cauliflower 

Fresh Fruit Salad   Yoghurt  

WEDNESDAY

Moroccan Bean Casserole with Golden Roasted Potatoes  

Roast Beef served with Golden Roasted Potatoes and Gravy 

Loaded Spud. Choose from Baked Beans, Tuna Mayo, Cheese or Tuna Flakes

Peas  Carrot Tips 

Fresh Fruit Salad   Yoghurt  

THURSDAY

Plant Power Penne Lentil Bolognese  

Chicken Tikka Masala with Rice 

Loaded Spud. Choose from Baked Beans, Tuna Mayo, Cheese or Tuna Flakes

Mixed Vegetables 

Apricot Crumble   with Custard  

FRIDAY

Hearty Veggie Gratin with Chips  

Fish Goujons with Chips 

Loaded Spud. Choose from Baked Beans, Tuna Mayo, Cheese or Tuna Flakes

Peas  Baked Beans 

Fresh Fruit Salad   Yoghurt  

YOGHURT AND A GLASS OF MILK AVAILABLE EVERY DAY

FRESH FRUIT AND SALAD BAR
AVAILABLE DAILY

A VARIETY OF BREADS AVAILABLE EVERY DAY

Menu Key:

Plant Based

Vegetarian

Carbon Score:

    
Low → High



FREE SCHOOL MEALS

Thanks to Universal Infant Free School Meals, every child in Reception, Year 1 and Year 2 can enjoy a school meal at no cost. Children in Year 3 and above may also qualify based on individual circumstances.

From September 2026, all pupils whose households receive Universal Credit will be eligible for free school meals.

Check if you are eligible



OUR FEED APP.

We're proud to use an award-winning online application to make meal ordering simple, convenient, and accessible at your fingertips. The FEED app is designed to support busy families by bringing everything you need into one easy-to-use platform.

Through the FEED app you can choose and pay for your child's meals, manage your balance, register your child's medical dietary requirements, filter options by dietary preferences and receive direct updates from our catering team - all in one place. The app is also your go-to hub for important communications, including notifications about upcoming theme days, menu changes, and special events organised by the catering team.

Beyond ordering, FEED creates a clear and open channel for feedback, helping parents stay connected, informed, and involved. By combining convenience, communication, and transparency, the FEED app supports a smoother, more engaging mealtime experience for both families and schools.



FOOD ALLERGIES & SPECIAL DIETS

Your child's safety is always our highest priority. It is important for us that children who have medical dietary requirements enjoy and feel included during school mealtimes alongside their friends, and we strive to accommodate this where it is safe for us to do so.

Our catering teams are trained and confident in supporting most primary-aged pupils with medical and special dietary needs, supported by our nutrition and health and safety teams. We follow a robust dietary safeguarding procedure, designed to protect children with food allergies and other dietary requirements, ensuring our teams have clear, reliable processes at every stage of food preparation and service.

If your child requires an adapted menu, we will invite you via email in the coming weeks to provide us with information about your child's medical dietary requirements. Please visit our website for more information on our dietary safeguarding policy and procedure.



Allergy Awareness Week

Did you know 40% of children have been diagnosed with an allergy?

- People with food allergies must avoid the foods they are allergic to or they may become unwell.
- People can be allergic to anything.
- If you see someone become unwell after eating, speak to an adult immediately.



ROOTS FOR THE FUTURE

We believe every child deserves the opportunity to learn about food, health and wellbeing in a fun, engaging way.

Our award-winning Roots for the Future, our food and nutrition education programme, sits at the heart of our wider ISS Health & Wellbeing commitments. With support from our dedicated nutritionists and culinary team, we deliver workshops, assemblies and hands-on activities aiming to provide children with the opportunity to try new foods, tastes and textures, to understand where their food comes from, learn about nutrition and develop basic cooking skills. We also partner with trusted suppliers to bring exciting experiences into schools throughout the year - supporting children to make informed decisions and providing them with valuable skills they can carry forward into later life.



HERE'S WHY YOU SHOULD CHOOSE TO DINE WITH US...

- **Balanced, nutritious meals freshly cooked each day**, with flavours and textures children genuinely enjoy - from flavour packed lasagne to crunchy, golden roast potatoes and pizza made with added goodness
- **Your child's safety comes first.** Our teams are trained and follow clear, robust food safety procedures
- **Meals that support learning.** Children stay energised, focused and ready for the afternoon ahead
- **Simple, stress-free ordering** through our FEED app - everything at your finger tips
- **One less thing for busy families to worry about** - no need to plan or pack lunches each morning
- **A friendly dining experience** that encourages children to eat together, build social confidence and feel supported when trying new foods
- Support positive food habits for life. We introduce new flavours and textures in a gentle, encouraging way, helping children work towards their 5-a-day and build a healthy relationship with food



To learn more, visit our website:

www.feedwestsussex.co.uk

THANK YOU!

